



Wettkampf 21 - 400m Freistil weiblich

REK: 04:36,90 - Muth, Svenja (SG Beckum) am 15.11.2015 in Beckum

Jahrgang 2015

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	WA	P.Pkt
1.	Luisa Grochowski 100m: 01:39,40 (01:39,40) 200m: 03:27,55 (01:48,15) 300m: 05:15,27 (01:47,72) 400m: 07:03,27 (01:48,00)	2015	OSC Bremerhaven 1972	07:03,27	163	13
	<u>abgemeldet</u> Jenna-Maria Oudghough	2015	SC Undine Beckum			

Jahrgang 2014

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	WA	P.Pkt
1.	Sofie Mayer 100m: 01:23,68 (01:23,68) 200m: 02:52,79 (01:29,11) 400m: 05:47,48 (02:54,69)	2014	OSC Bremerhaven 1972	05:47,48	294	13
2.	Enna Petring 100m: 01:29,79 (01:29,79) 200m: 03:12,18 (01:42,39) 300m: 04:55,57 (01:43,39) 400m: 06:33,13 (01:37,56)	2014	SV Greven	06:33,13	203	8
3.	Stine Bremer 100m: 01:30,56 (01:30,56) 200m: 05:41,93 (04:11,37) 300m: 07:13,15 (01:31,22) 400m: 08:42,64 (01:29,49)	2014	OSC Bremerhaven 1972	08:42,64	86	

Jahrgang 2013

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	WA	P.Pkt
1.	Frida Cedrola 100m: 01:33,97 (01:33,97) 200m: 03:19,47 (01:45,50) 300m: 05:02,84 (01:43,37) 400m: 06:43,77 (01:40,93)	2013	Teutonia Lippstadt	06:43,77	187	13

Jahrgang 2012

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	WA	P.Pkt
1.	Sophie Sonnefeld 100m: 01:22,04 (01:22,04) 200m: 02:50,83 (01:28,79) 300m: 04:20,64 (01:29,81) 400m: 05:49,70 (01:29,06)	2012	OSC Bremerhaven 1972	05:49,70	289	13
2.	Ines Bäuerle 100m: 01:28,42 (01:28,42) 200m: 03:01,07 (01:32,65) 300m: 04:33,19 (01:32,12) 400m: 06:03,90 (01:30,71)	2012	OSC Bremerhaven 1972	06:03,90	256	
3.	Angelina Below 100m: 01:25,94 (01:25,94) 200m: 02:58,94 (01:33,00) 300m: 04:36,24 (01:37,30) 400m: 06:04,82 (01:28,58)	2012	Teutonia Lippstadt	06:04,82	254	8
4.	Zlata Borysov 100m: 01:26,56 (01:26,56) 200m: 03:03,54 (01:36,98) 300m: 04:41,80 (01:38,26) 400m: 06:12,89 (01:31,09)	2012	SV Greven	06:12,89	238	5
5.	Miriam Malcharek	2012	Teutonia Lippstadt	06:19,13	227	
6.	Sophia Bergmeier 100m: 01:29,73 (01:29,73) 200m: 03:10,86 (01:41,13) 300m: 04:54,74 (01:43,88) 400m: 06:36,72 (01:41,98)	2012	Ahlener SG, Abt. Wassersport	06:36,72	198	3



**Jahrgang 2011**

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	WA	P.Pkt
1.	Lucie Michels 100m: 01:29,83 (01:29,83) 200m: 03:04,66 (01:34,83) 300m: 04:36,02 (01:31,36) 400m: 06:05,27 (01:29,25)	2011	SSC´90 Schloß Holte-Stukenbrock	06:05,27	253	13
2.	Malia Petring 100m: 01:29,24 (01:29,24) 200m: 03:08,62 (01:39,38) 300m: 04:45,43 (01:36,81) 400m: 06:12,46 (01:27,03)	2011	SV Greven	06:12,46	239	8

Jahrgang 2010

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	WA	P.Pkt
1.	Stella Nagelfeld 100m: 01:16,86 (01:16,86) 200m: 02:40,70 (01:23,84) 300m: 04:02,62 (01:21,92) 400m: 05:23,14 (01:20,52)	2010	OSC Bremerhaven 1972	05:23,14	366	13
2.	Laura Arnold 100m: 01:20,78 (01:20,78) 200m: 02:46,51 (01:25,73) 300m: 04:12,45 (01:25,94) 400m: 05:35,99 (01:23,54)	2010	OSC Bremerhaven 1972	05:35,99	326	
3.	Leonie Kronsbein 100m: 01:21,29 (01:21,29) 200m: 02:51,66 (01:30,37) 300m: 04:21,21 (01:29,55) 400m: 05:48,20 (01:26,99)	2010	SSC´90 Schloß Holte-Stukenbrock	05:48,20	293	8
4.	Alea Kronsbein 100m: 01:23,99 (01:23,99) 200m: 02:54,30 (01:30,31) 300m: 04:24,24 (01:29,94) 400m: 05:49,11 (01:24,87)	2010	SSC´90 Schloß Holte-Stukenbrock	05:49,11	290	
5.	Ida Kanzog 100m: 01:25,00 (01:25,00) 200m: 02:58,22 (01:33,22) 300m: 04:32,55 (01:34,33) 400m: 06:01,97 (01:29,42)	2010	OSC Bremerhaven 1972	06:01,97	260	
6.	Lena Lenfort 100m: 01:30,14 (01:30,14) 200m: 03:12,73 (01:42,59) 300m: 04:56,87 (01:44,14) 400m: 06:32,27 (01:35,40)	2010	SV Greven	06:32,27	205	5

Jahrgang 2009

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	WA	P.Pkt
1.	Finja Berning 100m: 01:16,08 (01:16,08) 200m: 02:35,76 (01:19,68) 300m: 03:55,76 (01:20,00) 400m: 05:12,78 (01:17,02)	2009	SSC´90 Schloß Holte-Stukenbrock	05:12,78	404	13
2.	Neele Berning 100m: 01:23,90 (01:23,90) 200m: 02:52,99 (01:29,09) 300m: 04:22,56 (01:29,57) 400m: 05:52,25 (01:29,69)	2009	SSC´90 Schloß Holte-Stukenbrock	05:52,25	283	
3.	Lena Jürgens 100m: 01:25,41 (01:25,41) 200m: 02:56,86 (01:31,45) 300m: 04:28,60 (01:31,74) 400m: 05:54,44 (01:25,84)	2009	Teutonia Lippstadt	05:54,44	277	8

Jahrgang 2007

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	WA	P.Pkt
1.	Laura Ortmann 100m: 01:15,65 (01:15,65) 200m: 02:38,06 (01:22,41) 300m: 04:01,56 (01:23,50) 400m: 05:19,32 (01:17,76)	2007	Teutonia Lippstadt	05:19,32	380	13





Jahrgang 2004 und älter

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	WA	P.Pkt
1.	Anna Charlotte Börgerding 100m: 01:22,23 (01:22,23) 200m: 02:51,71 (01:29,48) 300m: 04:22,65 (01:30,94) 400m: 05:50,85 (01:28,20)	2001	SSC '90 Schloß Holte-Stukenbrock	05:50,85	286	13





Punktbeste Leistung Frauen

Zwischenstand nach Wettkampf 21

Platz	Schwimmerin	Jg.	Verein	Punkte
1.	Sabrina Wessalowski	2003	OSC Bremerhaven 1972 <i>aus Wettkampf 13 - 100m Lagen weiblich: 01:09,36</i>	540
2.	Lia Marleen Herzfeldt	2010	OSC Bremerhaven 1972 <i>aus Wettkampf 7 - 200m Freistil weiblich: 02:21,27</i>	476
3.	Sarah Wessalowski	2007	OSC Bremerhaven 1972 <i>aus Wettkampf 5 - 100m Rücken weiblich: 01:10,94</i>	463
4.	Stella Nagelfeld	2010	OSC Bremerhaven 1972 <i>aus Wettkampf 3 - 50m Brust weiblich: 00:36,78</i>	458
5.	Finja Berning	2009	SSC'90 Schloß Holte-Stukenbrock <i>aus Wettkampf 7 - 200m Freistil weiblich: 02:24,70</i>	443
6.	Leni Schröder	2012	Waspo Nordhorn <i>aus Wettkampf 7 - 200m Freistil weiblich: 02:25,95</i>	431
7.	Laura Ortmann	2007	Teutonia Lippstadt <i>aus Wettkampf 7 - 200m Freistil weiblich: 02:27,21</i>	420
8.	Nele Schneider	2003	Ahlener SG, Abt. Wassersport <i>aus Wettkampf 7 - 200m Freistil weiblich: 02:29,08</i>	405
9.	Lena Krug	2008	SSC'90 Schloß Holte-Stukenbrock <i>aus Wettkampf 7 - 200m Freistil weiblich: 02:30,29</i>	395
10.	Anna Brockpähler	2009	SSC'90 Schloß Holte-Stukenbrock <i>aus Wettkampf 7 - 200m Freistil weiblich: 02:30,38</i>	394

